



BYOB

BUILD YOUR OWN BOWL

SMALL (4 TOPPINGS) | LARGE (5 TOPPINGS)

BASE

Açaí 7|10 • Oatmeal 7|9 • Dragon Fruit 7|10

FRUITS

strawberry • blackberry
blueberries • apple • pear
papaya • pineapple • mango
coconut • banana • raspberries

GRAINS + SWEETS

granola (GF) • toasted quinoa
dried cranberry • raisins
goji berry • cacao nibs
chocolate-hazelnut

DRIZZLES

peanut butter • local honey
almond butter • coconut cream

SEEDS + NUTS

chia • almond • flax
pecan • hemp • walnut
pumpkin • tiger • cashews

HERBS + SPICES

mint • cinnamon • nutmeg



BEAUTY



HEART HEALTH



DIGESTION



MUSCLE & JOINT HEALTH



ENERGY



LOWERS BLOOD PRESSURE



HYDRATION



REPRODUCTIVE HEALTH



WEIGHT CONTROL



BRAIN POWER



ATHLETIC PERFORMANCE



DISEASE FIGHTING

AÇAÍ BOWLS

SMALL 7| LARGE 10

Organic. Vegan. Sustainably Sourced. Fair Trade. Non-GMO.
Kosher. Gluten Free. Lactose Free

FARM BOWL



strawberry, blackberry, apples, granola (GF), local honey

PATRIOT



blueberry, cranberry, banana, granola (GF)

WARRIOR



hemp seeds, papaya, chia seed, peanut butter

SPARKLE



pineapple, pear, banana, papaya, chia seed, local honey

DETOX



apple, mango, banana, almond, chia seed,
coconut, local honey

NUTTY PROFESSOR



strawberry, almond, granola (GF), peanut butter, local honey

PALM BEACH



banana, mango, pineapple, papaya, coconut

OATMEAL BOWLS

CHOOSE HOT OR COLD | SMALL 7| LARGE 9

rolled oats, chia seeds, coconut, local honey, almond milk, coconut milk, vanilla

ALMOND DELIGHT



almond butter, raspberries, chia seeds

APPLE PIE



apple, raisins, pecans, cinnamon, nutmeg, local honey

BED + BREAKFAST



banana, blueberries, walnuts

HONEY NUT



peanut butter, cacao nibs, banana, dried cranberry,
local honey

DRAGON FRUIT BOWLS

SMALL 7| LARGE 10

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MY SUGAR BOO



granola (GF), pineapple, mango, strawberry, local honey

MOTHER OF DRAGONS



blueberry, coconut, goji berry, hemp seed, almond butter

THE ONE WITH BANANAS



almond, banana, raspberry, blackberry, chia seed, local honey

COLD PRESSED JUICES

8OZ BOTTLES \$5 | 16OZ BOTTLES \$9 | 1/2 GALS \$45 | GALLONS \$70

Please confirm availability with store manager.

REFRESH



watermelon, mint, cucumber, beet

GYM & JUICE



honeydew, apple, spinach, spirulina,
lemon, celery

HUSTLE JUICE



spinach, ginger, pear, pineapple,
beet, apple

GREEN MACHINE



kale, spinach, apple, pear, ginger

DETOX



beet, carrot, celery, pear,
coconut water

HYDRATE



coconut water, pear, cucumber,
honeydew

24 CARROT



carrot, pear, apple, ginger, lemon

BLACK MAGIC



dried hibiscus, carrot, ginger, lemon,
pear, activated charcoal, coconut water

BEVERAGES

COFFEE TRAVELER — 25



96oz seeds coffee brew (serves 8)
comes with almond milk & sugar

INFUSED WATER — 2

strawberry/lemon
cucumber/lime

PLEASE NOTE

Bowls can be served grab n go style or build your own with
a toppings bar. Priors day notice for delivery - \$100 minimum.
Paper products included.

FARM
BOWL
+ JUICE CO



CATERING MENU

www.farmbowlandjuiceco.com

OUR LOCATIONS

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HOOVER

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