



# BYOB

BUILD YOUR OWN BOWL

SMALL (4 TOPPINGS) | LARGE (5 TOPPINGS)

## BASE

Açaí 7|10 • Oatmeal 7|9 • Dragon Fruit 7|10

## FRUITS

strawberry • blackberry  
blueberries • apple • pear  
papaya • pineapple • mango  
coconut • banana • raspberries

## GRAINS + SWEETS

granola (GF) • toasted quinoa  
dried cranberry • raisins  
goji berry • cacao nibs  
chocolate-hazelnut

## DRIZZLES

peanut butter • local honey  
almond butter • coconut cream

## SEEDS + NUTS

chia • almond • flax  
pecan • hemp • walnut  
pumpkin • tiger • cashews

## HERBS + SPICES

mint • cinnamon • nutmeg



BEAUTY



HEART HEALTH



DIGESTION



MUSCLE & JOINT HEALTH



ENERGY



LOWERS BLOOD PRESSURE



HYDRATION



REPRODUCTIVE HEALTH



WEIGHT CONTROL



BRAIN POWER



ATHLETIC PERFORMANCE



DISEASE FIGHTING

## AÇAÍ BOWLS

SMALL 7| LARGE 10

Organic. Vegan. Sustainably Sourced. Fair Trade. Non-GMO.  
Kosher. Gluten Free. Lactose Free

### FARM BOWL



strawberry, blackberry, apples, granola (GF), local honey

### PATRIOT



blueberry, cranberry, banana, granola (GF)

### WARRIOR



hemp seeds, papaya, chia seed, peanut butter

### SPARKLE



pineapple, pear, banana, papaya, chia seed, local honey

### DETOX



apple, mango, banana, almond, chia seed,  
coconut, local honey

### NUTTY PROFESSOR



strawberry, almond, granola (GF), peanut butter, local honey

### PALM BEACH



banana, mango, pineapple, papaya, coconut

## OATMEAL BOWLS

CHOOSE HOT OR COLD | SMALL 7| LARGE 9

rolled oats, chia seeds, coconut, local honey, almond milk, coconut milk, vanilla

### ALMOND DELIGHT



almond butter, raspberries, chia seeds

### APPLE PIE



apple, raisins, pecans, cinnamon, nutmeg, local honey

### BED + BREAKFAST



banana, blueberries, walnuts

### HONEY NUT



peanut butter, cacao nibs, banana, dried cranberry,  
local honey

## DRAGON FRUIT BOWLS

SMALL 7| LARGE 10

Organic. Vegan. Sustainably Sourced. Fair Trade. Non-GMO. Kosher. Gluten Free. Lactose Free.

### MY SUGAR BOO



granola (GF), pineapple, mango, strawberry, local honey

### MOTHER OF DRAGONS



blueberry, coconut, goji berry, hemp seed, almond butter

### THE ONE WITH BANANAS



almond, banana, raspberry, blackberry, chia seed, local honey

## COLD PRESSED JUICES

8OZ BOTTLES \$5 | 16OZ BOTTLES \$9 | 1/2 GALS \$45 | GALLONS \$70

Please confirm availability with store manager.

### REFRESH



watermelon, mint, cucumber, beet

### GYM & JUICE



honeydew, apple, spinach, spirulina,  
lemon, celery

### HUSTLE JUICE



spinach, ginger, pear, pineapple,  
beet, apple

### GREEN MACHINE



kale, spinach, apple, pear, ginger

### DETOX



beet, carrot, celery, pear,  
coconut water

### HYDRATE



coconut water, pear, cucumber,  
honeydew

### 24 CARROT



carrot, pear, apple, ginger, lemon

### BLACK MAGIC



dried hibiscus, carrot, ginger, lemon,  
pear, activated charcoal, coconut water

## BEVERAGES

### COFFEE TRAVELER — 25



96oz seeds coffee brew (serves 8)  
comes with almond milk & sugar

### INFUSED WATER — 2

strawberry/lemon  
cucumber/lime

### PLEASE NOTE

Bowls can be served grab n go style or build your own with  
a toppings bar. Priors day notice for delivery - \$100 minimum.  
Paper products included.

FARM  
BOWL  
+ JUICE CO



# CATERING MENU

[www.farmbowlandjuiceco.com](http://www.farmbowlandjuiceco.com)

## OUR LOCATIONS

[Info@farmbowlandjuiceco.com](mailto:Info@farmbowlandjuiceco.com)

### HOMWOOD

1920 29th Ave S, Homewood, AL 35209 | (205) 848-2929

### HOOVER

5846 Elsie Road, Hoover, AL 35244

